

Athlete Name: _____



Parent/Guardian Release

I, the undersigned, individually or as parent(s) and guardians(s) of _____, (herein referred to as “Athlete”) on whose behalf I have submitted the application for participation in COHIPAC’s distance running camp (herein known as “Camp”) hereby represent that the Athlete has my permission to participate in the Camp. I further represent and warrant that to the best of my knowledge and belief, Athlete is physically and mentally able to participate in Camp. With my approval, a licensed physician has certified based on an independent medical examination that there is no medical evidence which would preclude his/her participation. I am specifically granting my permission, (both during and anytime after) to COHIPAC to use the Athlete’s likeness, name, voice and words in television, radio, film, newspapers, magazines and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of COHIPAC and/or for funds to support Camp. If a medical emergency should arise during the Athlete’s participation in Camp, at a time when I am not personally present so as to be consulted regarding the Athlete’s care, I hereby authorize COHIPAC, on my behalf, to take whatever measures are necessary to ensure that the Athlete is provided with any emergency medical treatment, including hospitalization, which COHIPAC deems advisable in order to protect the Athlete’s health and well being. I will be responsible for any and all costs of medical attention and treatment for the Athlete.

I the undersigned, my heir(s), executors and administrators hereby agree to release, discharge, and hold harmless COHIPAC, its officers, agents, and employees of and from all causes, liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the Athlete.

I am the parent (guardian) of _____. I have read and fully understand the provisions of the above release. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and that of the Athlete. I hereby give my permission for the Athlete to participate in Camp.

Name of Parent/Guardian

Signature

Date

PLEASE RETURN THIS PAGE WITH YOUR PAPERWORK

Athlete Name: _____



Medical Information

A copy of the Athlete's most recent school physical, signed/stamped (a private physician's physical may be substituted) with a history of allergies and immunizations, must be submitted, along with the insurance information listed below, at the time of arrival at Camp. Any dietary restrictions should be communicated to COHIPAC prior to the Athlete arriving at Camp. Any specific dietary needs, medications, or allergy medications (i.e., Epi-pens) shall be included in a sealed zip lock plastic bag with the Athlete's name on the bag. Instructions for administration shall be written on a piece of paper and placed in the bag. These will be handed over to COHIPAC staff for safe keeping during Camp.

Insurance Information

Insurance Company: _____

Insurance Company Address: _____

Insurance Company Phone #: _____

Policy Subscriber's Name: _____

Policy #: _____ Group #: _____

Emergency Contact Name: _____

Emergency Contact Phone #: _____

Family Physician Name and Phone #: _____

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Athlete Name: _____



COHIPAC Athlete Agreement Form

Page 1 of 2 – Camp Policies

Parents/Guardians and Athletes, please read the “Camp Policies” on page 2 of this section and indicate your acceptance by signing below.

We have read, understood, and agree to comply with the policies stated in: COHIPAC Distance Camp Policies.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

Athlete Name: _____

Athlete Signature: _____

Date: _____

Coach Name: _____

Coach Signature: _____

Date: _____

The COHIPAC Camp Policy sheet is to be kept by Parent/Guardian. One will be posted at Camp for Athlete.

PLEASE RETURN THIS PAGE WITH YOUR PAPERWORK

Athlete Name: _____



COHIPAC Distance Camp Policies

Page 2 of 2 – Camp Policies

1. Athletes are not permitted to possess and/or consume illegal drugs or marijuana. First offense is immediate dismissal from camp.
2. Athletes are not permitted to possess and/or consume alcoholic beverages of any kind. First offense is immediate dismissal from camp.
3. Smoking is not permitted. First offense is immediate dismissal from camp.
4. All Athletes must abide by established curfews: First offense will result in probationary action; second offense will result in immediate dismissal from camp.
5. All Athletes must stay in established COHIPAC designated camping/tent areas. Male Athletes are not allowed in female camping/tent areas. Female Athletes are not allowed in male camping/tent areas. First offense is immediate dismissal from camp.
6. All Athletes must stay in established COHIPAC designated camping/tent areas. At no time shall an Athlete enter the woods or non-designated COHIPAC area without their running group, a camp buddy and/or a coach or counselor. First offense will result in probationary action; second offense will result in immediate dismissal from camp.
7. All Athletes are required to abide by ALL camp-wide safety regulations and to demonstrate an attitude of general cooperation. First offense will result in probationary action; second offense will result in immediate dismissal from camp.
8. Willful damage to Camp and/or personal property and equipment is a serious offense. ALL Athletes are expected to treat all Camp property with care and respect. First offense will result in probationary action, and parents will be held responsible for the cost of repair or replacement. Second offense will result in immediate dismissal from camp.
9. Theft or conversion of the Camp's or other person's property for their own use, however small is a serious offense. First offense will result in probationary action and the Athlete's parent(s)/guardian will be advised. Restitution is to be made.
10. No Athlete is permitted to possess or use fireworks, matches, or a lighter of any kind unless under the supervision of a Coach or counselor. First offense will result in probationary action; second offense will result in immediate dismissal from camp.
11. Athletes are required to attend all mandatory activities except where excused for health reasons by the coaching staff, camp trainer or a doctor's note.
12. Athletes are not permitted to leave Camp before the designated check out time without prior approval from the Coaches AND permission in writing from their parents. If an Athlete must leave early, the Athlete must be picked up by a parent(s)/guardian or someone designated in writing by the parent(s)/guardian. If an Athlete must leave early and drove to Camp independently, they must submit a letter of permission to the Coaches before departure.

PARENT(S)/GUARDIAN(S) KEEP THIS POLICY FORM